

Pregnancy and Early Parenting Support line

In response to COVID-19, Canberra Health Services has set up a new support line to help Canberra families.

Families can call the Pregnancy and Early Parenting Support line on **51241775** for enquiries and support about pregnancy, early parenting concerns, child and family health, physiotherapy and nutrition services.

The support line will prompt families to leave a message, including their name, best contact number and reason for the call. The message will be listened to by a health professional and the best person to answer their questions or concerns will call back, usually within one business day.

The teams that will return the client calls include:

- Midwives for all pregnancy enquiries
- Maternal and Child Health nurses for parenting, breastfeeding, feeding, settling and sleeping enquiries, immunisation and any worries about your child's development
- Counsellors providing emotional wellbeing support especially for those who are pregnant, partnered to a pregnant person, or parenting young children
- Allied Health Professionals for nutrition and physiotherapy enquiries including care and information for pregnant women, mothers, infants and young children.

For more information contact the Pregnancy and Early Parenting Support Line on 5124 1775 from 8:30am to 5pm, Monday to Friday.